

# Nahgahchiwanong

(Far end of the Great Lake)

# Dibahjimowinnan

(Narrating of Story)



## CONGRATULATIONS GRADUATES

From left to right, Jered King, Faryn Wilson, Willow Johnson-Fuller, Kyle Soukkala, Deja Defoe, Justyce Robison, Trevontae Brown, Justis Murto, and Cody Bauer.

**In This Issue:**

Local News..	2-3
RBC Thoughts ..	4-5
Graduation ..	6-7
School News ..	8-9
Etc..	10-12
The game of Lacrosse..	13
Legal News..	14
Health News ..	15
13 Moons ..	16-17
Community News ..	18-19
Calendar ..	20

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# Local news

## Indigenous women blazing trails towards a healthier future

Sixteen indigenous women took to the Superior Hiking Trail May 17 for the Superior Endurance 25k in Lutsen, Minnesota. Sporting hot pink shirts with their kwepack (kwe in Ojibwe is woman) title proudly displayed, they definitely grabbed the attention of every racer with their message of bringing health awareness to their community. Representing six tribes around the country along with three black women, the women ran the course of



steep hills and muddy terrain with a common mission. While the end goal for each individual was to complete the race, the main goal has always been to bring attention to the Indian country of living a healthy, active lifestyle. Group organizer Sarah Agaton Howes made the statement, "We want to make exercise the new 'normal.' We want to make healthy living 'normal.' We, as a community, are going to change our lives and our children's lives by making health and wellness our lifestyle. This is how we do it. We are making health our identity."

In order to prepare for such a race, the kwepack trained numerous weeks on Fond du Lac roads, hoping to be seen and hoping to inspire those around them. The purpose isn't specifically about running but to show our people that anyone can get out on the streets, walking or jogging with families and friends.

This group of women consists of moms, wives, professionals, and students all running to support one another. Although the women work out at different levels, they run together for support and safety. The kwepack has gradually grown and has now been running together over the last two years with hopes of continued growth. They carpool, share babysitters, run with strollers and run all times of the week in order for running schedules to be available to all members.

The group encourages people interested in joining the kwepack. For more information on this group and their running schedule, contact Sarah Agaton Howes by email at sarahagatonhowes@gmail.com

## FDL Nurse-Family Partnership celebrates graduates

In April the Community Health Services Department staff celebrated and honored the FDL Nurse-Family Partnership Spring 2014 Graduates at an event held at the Great Lakes Aquarium in Duluth, Minn. Graduates were treated to an opening blessing by Frank Goodwin, a catered picnic, a framed certificate of their accomplishment, and the gift of a year membership to the Great Lakes Aquarium (donated by the Great Lakes Aquarium). In addition, words of gratitude and



Graduates of the FDL nursing program celebrating in their graduation caps.

recognition of strengths and well wishes from their nurse/home visitors left many attendees with "happy tears." After the gathering, families enjoyed a day at the Great Lakes Aquarium.

The FDL Nurse-Family Partnership Program begins serving families in early pregnancy and continues until the child's second birthday. Through home visits weekly or bi-weekly, families

enjoy learning about health and wellness topics, as well as learning about their child's growth and development, including positive activities that increase a family's delight in one another. Public Health Nurses also partner with families to explore their "heart's desires" for life goals,

both small and large, that the family wishes to move towards. Together, families and PHNs dream big, and work in small steps to

achieve these goals.

The FDL Nurse-Family Partnership program became the first tribal Nurse-Family Partnership program in the country in 2011, along with the White Earth Nation. We are honored to continue to serve the Fond du Lac community and look forward to many more graduations in the future.

## Cultural Resources Board

The Reservation Business Committee is seeking individuals who are interested in serving on the Cultural Resources Advisory Review Board. The board provides recommendations about historic preservation issues. If you are interested in serving, please submit your name, address, and telephone number in writing to Rita Ojibway at 1720 Big Lake Road, Cloquet, MN 55720 on or before July 31, 2014.

## Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

### TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts .....	4-5
Graduation .....	6-7
School News.....	8-9
Etc.....	10-12
The game of Lacrosse.....	13
Legal News.....	14
Health News.....	15
13 Moons .....	16-17
Community News.....	18-19
Calendar .....	20

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Fond du Lac News, Tribal Center,  
1720 Big Lake Rd.,  
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the  
Native American Journalists  
Association

# Local news

## Wall Street-bound?

### Seventh grader wins first place in Minn. in business and essay competition.

By Dan Huculak,  
WGZS Station Manager

James Friedman, a 13 year old Fond du Lac Band member and a seventh grader at the Fond du Lac Ojibwe School and has many interests like a lot of kids his age. But, there is one difference between James and a lot of other students his age: the stock market.

According to his grandmother Linda Savage, James reads the stock market quotes when he comes home from school. It appears that reading the business section of the newspaper left an impression on him. James was the first place winner in the state of Minnesota in the grades 6-8 division in the fall 2013 InvestWrite stock market competition.

The competition teaches students

math, finance, and money management skills by taking \$100,000 in virtual cash and investing the money in stocks, bonds and mutual funds. More than 600,000 students compete in the InvestWrite contest annually from schools around the world.

To recognize his achievement, James was invited to the Stock Market Game awards ceremony and annual luncheon May 22 at the Marriott Minneapolis Southwest. The Luncheon honored award winners across BestPrep programs and featured keynote speaker Jim Owens, CEO of H.B. Fuller.

"I am so proud of him," his mother Amy Wise said. "And I'd love to thank my mom and dad (Linda and Jerry Savage) for helping raise him." James is one of five children in his family. Ac-

ording to his mother, James won a trip to a week-long camp where investment and business leaders from businesses and competition sponsors will mentor James and the other winners in running a virtual company.

In his personal time James likes to spend time with his grandparents; enjoys playing games on his X-box, attending school basketball games, and participating in the FDL Ojibwe School Knowledge Bowl competitions all over the state.

James also became a certified junior open water diver last Oct. He loves Scuba diving and feeding the sharks at the Mall of America Sea Life Aquarium. He is also interested in obtaining a pilot's license and wants to eventually become an underwater welder, according to his mom.



James Friedman, with his sister Clair inside the Marriott Minneapolis Southwest Hotel, May 22 at the Stock Market Game awards ceremony and annual luncheon.

## FDL police training

The Fond du Lac Police officers have a very difficult job, and it's important for them to stay on top of the skills their job requires. In April, the FDL Police held a training to help keep themselves and the community safe.



FDL police officers learning how to disarm a person with a gun to their back.

While much of what they were working on was the basics, the main focus during the training was to stay focused

and make sure everything they have to do is perfected.

Throughout their training, they discussed the importance of being crisp with their techniques because gang members are practicing to stay away from police officers. Their training focused on tasks such as handcuffing, disarming, and other situations to help keep our community safe.

## Ogichidaag pride

By Dan Huculak,  
WGZS Station Manager

The 2013-14 boys basketball season was memorable for the teams from Red Lake and the Fond du Lac Ojibwe School. The Class A quarterfinals provided a historical milestone as two teams from Reservations advanced to the state tournament in the same year for the first time.

Busloads of Anishinaabe fans from both Reservations followed their respective teams south to Minneapolis, and because they played in

back to back games, a large number from each community stayed for both games and cheered for both teams.

Red Lake Tribal Chairman Buck Jourdain honored both teams Apr. 30 for reaching the Minn. State Playoffs in March. The Fond du Lac players also attended the Red Lake Youth Conference during the trip.



FDL and Red Lake School basketball players being honored for their accomplishments this season.

After the ceremony, the two teams played in a high scoring scrimmage, with Red Lake winning 112 - 75. The two schools also faced one another earlier in the season, with Fond du Lac winning 83-81 on a last second bucket by Jordan Diver.

# A few thoughts from RBC members

## From the Chairwoman

A quick trip to Washington D.C. last month solved a big issue. Tribes were left out of funding for Veteran's Supportive Housing and a legislative fix was in the works. However, the funding level was only for support for seven units. Troubling since Fond du Lac has ten units, the Crow tribe is building now, and 4 other tribes are in the planning stages. After meeting with members of Congress who were sponsoring the legislation, it was discovered

that their intent was to make \$3 million available for a pilot for Tribal Veterans projects, but their staff made an error in the language of the bill. All of the sponsors agreed on the spot to get the language fixed.



Karen Diver

You may have read in the Duluth News-Tribune that the Mayor of Duluth and his attorney feel that the National Indian Gaming Commission's recent approval of gaming compacts in Massachusetts bolsters the City's position for revenue sharing from Fond du Luth. While the Duluth media may find every thought they have

newsworthy, the courts to date have not agreed with their position. The comparisons that they are making are with state compacts, which may allow for these types of arrangements to exist. The terms of the Indian Gaming Regulatory Act and the Minnesota compacts do not include the same type of language. Additionally, the Band has already offered the City of Duluth reimbursement for services like police, fire, and streets, but that offer was rejected by the Mayor who said he will only accept a share of revenue. The City's lawsuits against the National Indian Gaming Commission and the Department of Interior regard-

ing their enforcement actions are still pending in Federal Court.

The Tribal Executive Committee of the Minnesota Chippewa Tribe had another request for censure, this time from former FDL Chairman Pete DeFoe against President Norman Deschampe and myself. The gist of it was that in 2009 the TEC acted to make a tribal interpretation regarding the constitutional amendment regarding the eligibility of felons to run for office. The complaint stated that Chairman Deschampe should not have allowed the interpretation to be voted on, and that as Vice-President of the Tribe I should have prevent-

ed him from doing so. There was an immediate motion to dismiss both requests, which was approved unanimously. Additionally, there was discussion that the TEC should develop guidelines for requests for censure so that accountability is maintained but business is not overwhelmed by politically driven complaints.

*As always, please let me know if you have questions or comments at [karendiver@fdlrez.com](mailto:karendiver@fdlrez.com) or office (218) 878-2612 or cell (218) 590-4887.*

## From the Secretary/Treasurer

Boozhoo, How are things going? We have been very busy here with the preparations for summer projects. We received some good news this week. The staff at Natural Resources put together a request and presented it to the state legislature for funding a land acquisition project with the Reservation.

These types of projects are always a long shot but the staff did a remarkable job with their presentation and defense of their proposal and it received funding. There are two pieces of property that are earmarked for purchase with a grant of slightly over a million dollars.



Ferdinand Martineau

Good work and congratulations to the staff. Spring was late so our spear- ing was late as the ice would not leave the lakes to allow us

to spear. The result was a limited success season. We were not able to go into the 1854 area this spring but we will continue next year.

Our construction company is preparing to work on two road projects this summer, Cartwright and Jokela roads. There will be lots of work for the construction this year again.

The last thing I would like to touch on this month is potential. I attended the head start graduation this morning. I had been to several others in the past but this one touched me a little different this morning.

I usually arrive in time to see the ceremony with the kids receiving their certificates but I arrived early today and chose a good seat to view the program. The kids were there with their parents and were taking pictures and getting ready to take the stage for the ceremony. The faces of the children were excited and the parents were proud. Several people came up to me and said they were glad to see me there. I was glad to be there. Then I started to think about the kids. I was talking to my wife and said these kids have the potential to be

anything they want to be. They can be a doctor or a lawyer, they can be a teacher or a carpenter or surely they will be our future leaders. These kids are our future and we all need to cultivate all the potential in our children to ensure that they become all they can be.

*If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at [ferdinandmartineau@fdlrez.com](mailto:ferdinandmartineau@fdlrez.com) Gigawaabamin.*

# RBC thoughts continued

## Sawyer News

Are I say it? Spring has finally sprung, and with that comes graduation. Congratulations to all of you who have worked so very hard to achieve this. Whether it is college, high school or headstart, it's an achievement you should all be proud of.

Things have been busy in Sawyer. We recently had a flurry of vandalism committed against the community, and the police department has stepped up its presence to address the problem. They cannot be there all of the time though, so I am asking community members to keep an eye out for each other. Another issue that has arisen is the Sawyer Center cancelling the tournaments. I know some people are upset about this, and I do understand and relay these concerns to the directors of the Center, but the point of the tournaments was to bring the community closer. Sometimes it causes tension rather than togetherness. I would rather use the funds assigned for the tournaments towards other activities that will bring us closer together as a people, such as cultural or family-oriented projects, which leads to my next subject...

As you may know if you read my column or attend my meetings, I have been participating in the Native Nation Rebuilders Program. We recently wrapped up our third session together in Spearfish, South Dakota. Our focus at this session was to envision how we want our Reservation to look in 25 years, and breaking that down into goals we would like to accomplish over the next year or two. My overall vision

is to not lose any more of our people to drugs. How do we accomplish that? That's something I have been struggling with even before taking this office, but I now have somewhat of a game plan by focusing on smaller goals that will lead up to the main vision. I think that the key to this is bringing our community closer together (no small feat). It is something I have been trying to do in my monthly community meetings at the Sawyer Center, meetings at the Elderly building, and even in my monthly articles. We can do it together. We NEED



David Tiessen Jr.

to do it together if it is to work, so again I implore you to reach out to friends and family members who may be struggling with addiction. Make them part of your community. Make them apart of your family even. I am always willing to help in any way that I can, even if you don't know me personally. Give me a call, send me an email, hit me up on Facebook, or even stop by and see me. Also, give me some ideas. No matter how far-fetched they may be, speak up. The key is togetherness. I don't care what district, city, state, or country you are from, we are all one people! Let's show that we can stick together.

*I am always interested in any ideas or concerns the community may have, so don't hesitate to contact me. You can e-mail me at davidtiessenjr@fdlrez.com, or call my office (218)878-7591, cell (218)269-9879, or reach me on Facebook at David Tiessen Jr. TOGETHERNESS, PEOPLE! WE CAN MAKE IT WORK!!! Miigwetch.*

## Cloquet News

### Hello All

Our Cloquet Community Center has been busy preparing for the activities of the summer months. They are putting together a baseball program that will give our young ones a chance to participate. Our field is in good shape and again we now have lights for the field. Night time games and activities can now be played and give folks longer hours to be active.

Some of our staff at the community center, as well as community members, recently completed and are now trained and certified as first responders. Another course is scheduled to begin soon and I hope we get as good of a turnout as we did in the previous class.

Our Easter party this year was again very successful as we had over four hundred community members participate. They provided games and activities for the youth and a meal for the families. Nice work yet again community center staff.

Spring spearing season is upon us and our Natural Resources Division is monitoring and assisting our Band members during their efforts. I am waiting to hear how successful the season will be.

I would like to congratulate Darlene Mostrom on her retirement. Darlene worked as the Director of our food distribution program for many years. We appreciate all

that she has accomplished with this program over the years, she has helped countless Band members with their nutritional needs. Thanks Darlene.

We have received information from our Director of Tribal College programs, Robert "Sonny" Peacock, that our Fond du Lac appointed committee "Dadibaakonigewin" (making judgement or decisions/ revisiting a judgment or decision) is in the process of reviewing the college's application for accreditation to the World Indig-

enous Higher Education Consortium (WINHEC). The Dadibaakonigewin Committee ensures that all classes taught in the American Indian Studies program at FDLTCC conform with Fond du Lac culture, education quality

and cultural applicability. It is anticipated that at the next WINHEC meeting this month the college will be receiving permission to proceed with implementation of these new standards as developed at the 2015 meeting of WINHEC, scheduled to meet at the Fond du Lac Tribal and Community College, the Associate Degree in American Indian Studies program will receive full WINHEC accreditation. This Accreditation from WINHEC will not only be one of the first for a State-Tribal Partnership institution, but one of three in the United States and Canada to achieve such status.



Wally Dupuis



# Graduation



Head Start graduates file in to receive their diploma.



Hugs were given to teachers for all their hard work.



The staff asked volunteers, bus drivers, teachers and more to stand to thank them for all that they've done.



Students receiving their diplomas and congratulations from their teachers.





Samanthia Johnson hugs Shirley Miner, the home school liason, while Michelle DeBolt waits to hand her a flower.



Friends and family who attended the Cloquet High School Honor Banquet, congratulating students with hugs and handshakes.



(left) Warren Peterson, CHS principal, shakes the hands of the students who graduated a few days later.



(right) Deja Defoe prepares for the graduation ceremony.



Superintendent Mike Rabideaux speaking at the graduation ceremony talking about the accomplishments of the 2014 class.



# Enrollee Day 2014

## Saturday, June 28, 2014

Registration for drawing ticket  
and \$10.00 casino coupon.

Cloquet Center ENP classroom

Thursday, June 26th 12:00pm - 8:00pm

Friday, June 27th 8:00am - 8:00pm

Saturday, June 28th 8:00am - until drawings  
are complete

Drawings for  
\$250.00 cash certificate

400 tickets will be drawn

Saturday, June 28th at 1:00pm in the  
Tribal Center gym.

(Do not have to be present to win)

### Enrolled Minor Drawings

\$50.00 Gift Card

350 names will be drawn Saturday, June 28th at 1:00pm in the Tribal Center gym.

All enrolled minors will be automatically entered into drawing.

### DINNER

Will be served at the Ojibwe School Gym from 2:00pm to 6:00pm  
Saturday, June 28th.

### Friday June 27th

**"Old Timers" Softball**

35 years and older

Contact Rhonda Petite for more info.

(218) 878-8189

**Comedy Show**

**Headliner J.R. Redwater**

Black Bear Casino Resort

6:00pm Doors Open

7:00pm Show Starts

**Frozen**

**Family Outdoor Movie**

Movie begins at dusk in football field.

### Saturday June 28th

7:00am **Softball- TC**

**Bingo & Golf- BBCR**

9:00am **Registration**  
**2k Walk/5k Run-**  
**Headstart gym**

10:00am **Race Starts**

**Museum Opens**

11:00am **Family Olympics**

2:00pm **Doucette's Inflatable**

1:00pm **Drawings TC gym**

2:00pm **Dinner OJS gym**

2:30pm **Music Starts**

10:00pm **Fireworks**

### Music Line Up

Marquis Mark and the very  
Mysterious

2:30-4:00

Silver Wings

4:30-6:00

Manny B

6:30-8:00

### Headliner

**Indigenous**

**8:30-10:00**

Drugs & Alcohol prohibited. People who are banished from the Reservation will not be allowed to participate but their name will be submitted into the absentee drawing.

For more information contact Bryan Bosto at 218-878-8048 or by email [bryanbosto@fdlrez.com](mailto:bryanbosto@fdlrez.com)

OJIBWE SCHOOLS MOTTO  
"Anokii, Nanda-gikendan, Enigok gagwe, Gashkitoon"  
"Work, study, strive, succeed"

# School News

## After School News

First, I would like to say chi Miigwech to the students and families that participated in after school activities this school year. I also want to acknowledge school staff and the transportation department that dedicated their time and skills to the students and program. The attendance rate for the program was about 97% this school year which means that students who signed up for after school attended regularly and made it a successful year.

I took a survey this school year asking parents/guardians about the after school program

and most people commented that they were satisfied with the program and that it gave students positive activities for their children to attend instead of getting into trouble. The parents/guardians also commented on how it was very helpful that the students received transportation from the program. We helped transport students living on and off the reservation. In order for this program to continue to be successful and sustainable we need funding. We are still waiting to hear about the 21st Century grant we applied for and hopefully we receive the grant. Miigwech and best wishes for the students/families and staff over the summer, Maria DeFoe



*Howah Darnell, nice plant stand you made in the after school Wood Shop Class! Photo by Julius Salinas*

## Journey Garden

The F.D.L. Ojibwe School Journey Garden Program will now have bees to help pollinate the garden. Larry Cook is the president of the Northeastern Beekeepers Association, and works at Mash-Ka-Wisen, and is the person who offered to help us take care of the Journey Garden hive. Sam Stuart is a lifelong beekeeper who founded the NE Beekeepers Association and helped us too. Danielle Diver, Francois Medion, and Maria DeFoe helped get this project underway.

*Photo by Francois Medion*



## FDL Ojibwe School Ziigwan Powwow

was May 3, it was a one day powwow, with 7 drums and over 100 dancers. There were 3 contests in all. Here are some of the winners...



### Men's Traditional Competition

*Pictured are Mike Fairbanks (2nd Place), Julian Kitto (1st), and George Earth Sr. (3rd). Photo by Sharon Belanger*



### Women's Jingle Dress Competition

*Pictured are Melissa Bowstring (2nd Place), Margaret Barney (1st), and Sarah Agaton-Howes (3rd). Photo by Dawn LaPrairie*



*Brandon Quagon was the winner of the hand drum contest*



## CORE VALUES OF MINO-BIMAADIZIWIN (THE GOOD PATH OF THE ANISHINAABEG)

It is mandatory that these core values will be taught at the Fond Du Lac Ojibwe School. The core values, Mino-bimaadiziwin, promote spiritual, emotional, and physical wholeness of individuals, families, communities, and tribal nations. All students and staff will walk this path together and work toward the betterment of all Indigenous people and all communities.

# School News

## News from the Superintendent Michael F. Rabideaux

### Gikinoo' imawindwaa Abinoojiinhyag (teaching the children) . . .

Another season is passing and yet another successful school year is soon ending as well. We can measure success in many ways, but maybe one of the most important measures is that our children are happy, hopeful, and thoughtful. These personal character qualities mean much to the school community – to the staff who work directly and indirectly with our children on a daily basis and to those that our children interact with beyond the classroom walls. Developing emotionally strong and self-confident children are powerful social tools in life to keep them on the good path.

We are continually looking for ways to improve the school program offered to students. As we all know, the requirements of what students are expected to know and when to know it and how they demonstrate that knowledge continues to get more demanding. Higher standards, increased assessments, limited funding, and unfunded mandates are constant challenges. Knowing this it becomes critical that we work with children early in the development years and focus

on building and developing the social and emotional skills that children need to best succeed. Using assessment tools to identify the child's performing levels at any age and then developing and providing teaching to meet those needs continues to be a proven documented means of teaching the children.

We are in the process of gearing up for next year's accreditation process. Accreditation is a process where the school is evaluated and rated on its entire operation by a third party neutral – basically, accreditation validates and legitimizes diplomas. Much of our work and evidence or documentation for demonstrating what we say we do is already complete and can be found in an electronic system called Native Star. Native Star is a Bureau of Indian Education evaluation tool that is used to collect responses and information on all operation components of the school's program. Updated at regular intervals, the results are sent to BIE and they, too, monitor what we do. These layers of accountability ensure that the school provides our students with best practices. Bimaadiziwin (a healthy way of life) . . .

As mentioned earlier, another season is passing and a new one is upon us – the summer growing season. For the past many years the school has offered an enriching summer program that we call Journey Garden. The program integrates several subject areas embedded in cultural teachings. Students

active in the program prepare the soil, plant vegetables, and weed/tend the garden - and in the fall, harvest. Throughout this garden journey students are taught to identify and classify plants, learn how to enrich soil and manage the garden, study medicine and careers in health, learn nutritional values of plants and vegetables, visit local farms and growers to see how the garden can be a source of income, and enjoy the company of their friends and the warm sun. Learning is not all about classroom walls and buildings – students motivated to get involved and control not only what they learn but how they learn.

Recently, Ms. Dawn Liimatainen, Ojibwe School Math Coach, left our program. She is pursuing other professional options out of state. During Ms. Dawn's tenure at our school, she was instrumental in rebuilding our math program. Thanks to her commitment, knowledge, and leadership she influenced her peers and definitely created a math program that featured individual student levels of performance, measures of continuous monitoring both short and long term, and set a high level of expectation for all students to succeed. We (students, staff, and community) will miss Dawn; we wish her the very best.

## Principals News Jen Johnson

### Aaniin/Boozhoo nindawemagani-dok,

The school year is quickly coming to an end; June 5, 2014 will be the last day for students. There are so many things to reflect upon this past school year. It truly amazes me how resilient our students and staff are. We started the school with fewer staff due to budget cuts and still provided excellent academic and extracurricular activities. Our students excelled in academic achievement, cultural activities, and sports. Chi Miigwech to everyone that helped make our school year a successful one. I am extremely proud of our students and staff.

Students have made academic gains in math, reading, and science. Our largest academic gains have been in math and science. Tests scores showed increases in the number of proficient students.

We also excelled in attendance. The state minimum attendance rate is 90% and our students are at a 94% attendance rate. Miigwech, to the parents/guardians for helping our school exceed that goal.

Our volleyball team had one of their best seasons. And both girls and boys basketball teams made it to sectional playoffs. Our boys made their first trip to the Minnesota State

Basketball tournament!

It's been exciting and delightful working with our students this year and watching them grow. I have enjoyed many activities and meals with them. I will miss them over the summer. Hopefully, I will have the opportunity to see our students at community events this summer! Please remember to fill out and turn in enrollment packets.

Chi Miigwech to our community members that have supported our students to do their best socially and academically. It's been a pleasure working with you on how best to support and serve students here at the Ojibwe School.

I am truly grateful to our dedicated staff for the endless hours of support they give to our students. Our staff has volunteered so many hours for events that benefit our children and community. FDLOS staff really excels at pitching in and doing whatever it takes to help not only the students but each other as well. Chi Miigwech!

Last but not least, congratulations to the Class of 2014. I know all of you have worked hard to ensure you receive your diploma on May 23, 2014. A heartfelt Miigwech to all the students, parents/guardians, staff, and community members who contributed to make this year successful and unforgettable.

Giigaawaabamin

## Code of Ethics

The Reservation Business Committee is seeking individuals who are interested in serving on a Code of Ethics committee. The committee will make recommendations about revising the Code of Ethics. If you are interested in serving, please submit your name, address, and telephone number in writing to Rita Ojibway at 1720 Big Lake Road, Cloquet, MN 55720 on or before June 30, 2014.

## Council passes Indigenous People's Day resolution

Story and picture courtesy of the *Star Tribune*

Thunder Before the Storm (Clyde Bellecourt) holds up a condor feather after leading a prayer as the Ringing Shield Drum circle sings before the Minneapolis City Council unanimously voted to call what has been known as Columbus Day "Indigenous People's Day" April 25, 2014. (Courtney

Perry/Special to the Tribune) The second Monday in October will now be referred to as "Indigenous People's Day," rather than Columbus Day, on all official city communications in Minneapolis following a unanimous City Council vote in late April.

The resolution brought hundreds of people to City Hall to commemorate the vote, which Native American activists have been seeking for many years.

"It's been a long time coming," said Clyde Bellecourt, a civil rights organizer. "For me, it's been almost 50 years that we've been talking about this pirate."

The language of the resolution notes that the federal government, state government, and city government still recognize Columbus Day "in accordance with the federal holiday established in 1937."

"This is not necessarily about Columbus. He is not the center of our existence," said Council Member Alondra Cano, who spearheaded the change. "This is about the power of the American Indian people and indigenous communities all over the world. We are setting the record straight."

Both state Rep. Susan Allen and U.S. Rep. Keith Ellison said before the vote that they were interested in making similar efforts at the state and federal level.

Allen, the first Native American woman elected to the Legislature, expressed interest in modifying the state statute recognizing Columbus Day.

The final resolution was scaled back from another version earlier in the week, which stated that the city should rename Columbus Day itself.

The final resolution does not rename Columbus Day, but rather recognizes Indigenous People's Day on the same date.

## Summer food program

The Fond Du Lac Ojibwe School is participating in the Summer Food Program. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the Fond du Lac Ojibwe School, Brookston Center, and the Sawyer Center from 11 a.m. to 1 p.m. Monday through Thursday starting June 9 and ending Aug. 21. Adults will be charged \$3.50.

Any person who believes he or she has been discriminated against in any USDA related activity should write immediately to USDA, Director, Office of Civil Rights, 1400 & Independence Ave, SW, Washington, DC 20250 - 9410. or call (800) 795-3272 or (202) 720-6382 (TTY).

## An important message for male high school seniors

Remember that 30 days before to 30 days after turning 18 years of age a person is required by law to register for the selective service. Failing to do so would result in a \$250,000 fine and up to five years in prison. It is also required for college loans, job training, and

obtaining government jobs.

For more information or to register online visit [www.sss.gov](http://www.sss.gov).

## FDL rock for sale

We here at Fond du Lac are having a sale on our washed and unwashed rock. Sizes range from 3/4 to 1 1/2 inch washed and unwashed for a limited time \$8 per ton. We also have landscaping rock up to 3 to 4 feet in diameter or smaller at \$20.31 per ton.

## Fond du Lac Veterans Housing

The FDL Veteran's Housing is now accepting applications for one bedroom units.

To qualify applicant must meet long term homeless qualifications, income, honorable discharge from the military.

For more information or to obtain an application please contact Metro Plains Management LLC (218) 878-3882 or [fonddulac@qwest.net](mailto:fonddulac@qwest.net) or [www.metroplainsmanagement.com](http://www.metroplainsmanagement.com). Equal Opportunity Housing.

## WIC Program

Women, Infants and Children Nutrition Program (WIC) is a supplemental nutrition program that offers tips and advice to help families eat well and stay healthy. It does not provide all of your food needs for the month.

**The WIC program provides:**

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$35.00 - \$190.00/month)
- Support and help with breast-feeding



## FDL Historical Society

In conjunction with the Fond du Lac Enrollee days, the FDL Historical Society Ancestry Group will have a booth outside of the museum for the purpose of sharing and identifying pictures, browsing Indian/Federal/County Censuses, documents, etc.

We would be happy to accept donations of pertinent materials. A copy machine will be available if you bring in pictures to share or any documents.

We have a few pictures that need names for the people in them. We will also have a 50/50 raffle to help defray the cost of paper, ink, etc.

This event will be held only on Saturday, June 28. If you have questions please call Carol Jaakola (218) 879-9296.

# Etc

• Referrals to health care, immunizations, and other programs

## Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of age
- Children from 1 year of age to their 5th birthday

To get WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC.

Contact the WIC office for further information on WIC or a voucher pick up schedule: Laura Garza, PHN, CLC: MNAW (218) 878-2147 or CAIR (218) 279-4135. Kara Stoneburner, RDL, CLS: MNAW (218) 878-2183 or CAIR (218) 279-4060.

WIC program is an equal opportunity provider and employer.

## FDL annual baby shower

The Fond du Lac annual baby shower will be held on Thursday June 26 at 4 p.m. in the Head Start gym.

Breakout sessions will include, fatherhood traditions, breastfeeding, morningstar birth center, birth stories, homemade baby food, and a carseat clinic.

Moms, dads, expecting parents, families with children under 2, grandparents, extended family, foster care, FFN (Family, Friends, and Neighbor Care) are all encouraged to come.

Informational booths from around the area will be set up in the head start gym with a light meal provided. Many

great prizes for all following each breakout session.

Hope to see you there. If you have any questions call (218) 878-8100.

## Drivers education

The classroom portion of the drivers education class will take place July 7-22. Classes are Monday-Thursday starting at 4 p.m. in the Library Classroom. Students must be at least 15 years of age at the start of the class. The cost of the class is \$120.

Over-the-Road, instruction is offered after students receive their learner's permit. These classes are arranged on an appointment basis. The class fee is \$200.

The registration form is available on the FDL website in the Community Services section. Students who qualify for "Sports Funding" should meet with Wanda to complete the paper work. Other students need to pay the fee in the Enterprise Accounting Division and bring the receipt and registration form to Community Services. Fees need to be paid before the start of class. Additional classroom instruction will be in the fall and winter.

## Tribal Court Notice of Name Change

In the Matter of the Name Change of Daicin James Barney, a minor child. Case No.: NC-002-14 Notice of name change.

Notice is hereby given that on May 6, 2014 an Order was issued changing the name of the minor child Daicin James Barney, to Daicin James Savage.

In the Matter of the Name Change of Dannin Jeffrey Barney, a minor child. Case

No.: NC-001-14 Notice of Name Change.

Notice is hereby given that on May 6, 2014 an Order was issued changing the name of the minor child Dannin Jeffrey Barney, to Dannin Jeffrey Savage.

## Tribal Court Notice to Creditors

In the Matter of the Estate of Karen Lynn Defoe, Decedent. Case No.: PR-004-13 General Notice to Creditors.

Notice is given that probate proceedings are pending in the Fond du Lac Tribal Court regarding the estate of Karen Lynn Defoe.

Any claims against the above-referenced estate must be filed on or before September 1, 2014 or the claims will be barred. All claims must be presented filed with the Tribal Court and provided to the personal representative by the deadline in order to be considered.

The address of the personal representative of the estate is: Arlene Fay Londo, 240 Church Street, Naytahwaush, MN 56566.

The address of the Tribal Court is: Fond du Lac Band of Lake Superior Chippewa, Tribal Court, 1720 Big Lake Road, Cloquet, MN 55720.

## Thousands of children to benefit from \$45M for school-linked mental health

The Minnesota Department of Human Services announced \$45.4 million in grants that will increase access to mental health services for thousands of Minnesota children, which includes a grant for Fond du Lac.

Under five-year grant contracts with the department, 36 mental health organizations will provide school-linked mental health services to approximately 35,000 students in more than 800 schools across 257 school districts and 82 counties by 2018. More than half of those students will receive mental health services for the first time.

Visit [mn.gov](http://mn.gov) to learn more.

## Customized computer classes

The Fond du Lac Band will be offering FREE Community Computer Classes June 5-7. Customize your class, YOU choose the topic, YOU choose the time, get a group together or get one on one help with an expert.

Call Diane Soden-Groves at (218) 878-7491 or e-mail [dianesodengroves@fdlrez.com](mailto:dianesodengroves@fdlrez.com) to book your class. Check out the [fdlrez.com](http://fdlrez.com) homepage for the program flier and more information.

## 16th Annual Arts and Cultural Heritage Arrowhead Arts Awards

At this year's Arts and Cultural Heritage Arrowhead Arts Awards Fond du Lac's Elizabeth Jaakola will receive this year's George Morrison Artist Award.

Jaakola has spent the past 20 years composing, performing, and teaching music in the Arrowhead region and beyond. Her mixed heritage has allowed her to embrace performing and writing in many musical styles and genres, influencing young musicians throughout the region.

After earning a Masters in

Music from University of Minnesota Duluth, Jaakola embraced teaching full-time Music and Indian Studies at Fond du Lac Tribal and Community College before embarking on her performance journey. She is an accomplished performer, having performed locally as well as internationally in various styles and genres. Jaakola has performed at the Rome Operafestival (Mezzo Soprano) and Carnegie Hall, and with the Duluth Festival Opera, Lyric Opera of the North, and Arrowhead Chorale. She is a traditional ceremony singer, a jazz scat singer, blues siren, and regional soloist in venues around northern Minnesota.

In addition to teaching and performing, she is currently compiling her native-based choral pieces and striving to promote Anishinaabe music performances and education in the area. Jaakola's Native-based compositions have been heard on radio stations, television, video, and many stages near to her home on the Fond du Lac reservation.

Jaakola is the founder of the Anishinaabe Youth Chorus, the Native women's handdrum group, and a founding member of the award winning group Oshkii Giizhik Singers. In 2001, she received a Regional Emmy Award for the PBS Eight Documentary Series, "Ojibwe Waasa Inaabidaa" and was nominated for a Northeast Minnesota Book Award for her book "Our Journey."

Jaakola has put out four CDs and performed on several more. She serves on the boards of the Fond du Lac Tribal College, the First Nations Composers Initiative, the American Composers Forum, and the National and Minnesota Education Association.

## FDL School Board Meeting Apr. 8

The meeting was called to order by the Chairman, Wayne Dupuis at 6:00 p.m. The members in attendance were Wayne Dupuis, Roberta Fox, Joyce LaPorte, Meredith Martin, Jeremy Ojibway, Don Wiesen, and Jean Zacher. Debra Johnson-Fuller was not present. Others who were present were Michael Rabideaux, Jennifer Johnson, Barbara Dahl, and Alysha Fox.

Wayne Dupuis read the Mission Statement and Vision.

One addition was made to the agenda under Old Business. Don Wiesen made a motion to approve the agenda, Joyce LaPorte seconded the motion, motion carried.

Don Wiesen made a motion to approve the minutes, Jean Zacher seconded the motion, motion carried. The board reviewed the Ledger.

Supervisor Reports:

**Michael Rabideaux**, Superintendent, presented his report to the board. Topics shared included: Indian Education Directors representing Carlton, Cloquet, Duluth, and South Ridge, LIEC members, legal and law enforcement personnel representing Fond du Lac, Ojibwe school administration and personnel, a representation from Juvenile Detention Alternatives Initiative (JDAI), and a representative from the Minowijiiwin Adolescent Outpatient Program (MAOP) met on Thursday, Apr. 3 in the Fond du Lac Ojibwe School board room to exchange perspectives and strategies directed at improving school attendance for American Indian students. A survey was provided by Ms. Charity Rilea (MAOP) to collect data to write a need assessment that will be used to

create an action plan to assist students age 12-18 get back into school. Ms. Nishah Dupuis provided participants with an overview of the services her program provides to Indian students specific to transitioning students from detention back into schools. Another meeting is scheduled in May to continue the exchange of strategies and best practices that impact attendance.

Fond du Lac Reservation is hosting a Native Studies Summer Workshop for Educators (NSSWE) to be held at the FDL Community & Tribal College, June 16 through June 20. The workshop is sponsored by St. Cloud State and provides teachers a week-long professional development workshop designed for Minnesota Indians to teach about Minnesota Indians. The more teachers know about Indian history, culture and language makes them more effective when working with American Indians on their education. The workshop also provides an opportunity for participants to learn about the Fond du Lac Reservations infrastructure and points of interest in the area.

**Jennifer Johnson**, Principal, presented her report to the board. Topics shared included: **Staffing:** hired kitchen helper, Theresa Long, **Attendance:** 93%, **Enrollment:** 261 students; K-3 with 114, grades 4-8 with 78, and grades 9-12 with 69.

**Focus areas:** DI Reading, MCA testing Apr. 14-30.; Math, MCA testing Apr. 14-30; Science and STEM, STEM teacher will be implementing aeronautics, 8th grade will build computer apps that will focus on Ojibwemowin and culture; **Social Studies.** Teachers are implementing and aligning Ojibwe and other Native Na-

tions curriculum to the MN State Standards curriculum to the MN State Standards; Ojibwemowin, Working on standards and benchmarks for grades 5-8, Uploading resources on school website 25% of teaching staff attended Maamiikwaazondamang Gidinwewininaan, We Celebrate Our Language on Apr. 5 at the FDLTCC. All staff are developing an Individualized Ojibwemowin Learning Plan.

**Cultural Activities-** Sugar Bush opened Apr. 7 and will end when we hear the omakakiig. JOM Quiz Bowl on May 2 and Powwow May 3.

Dan Anderson, Education Grants and Accountability Manager; Sharon Belanger, Special Education; Earl Otis, Athletic Program Manager; Maria Defoe, Activities; Mel Buckholtz, Behavior; all submitted reports. The board reviewed staff reports submitted.

### New Business:

04-93 Parent Advisory Committee went into discussion. The board will volunteer a committee to review and refine the current by-laws for the Parent Advisory Board.

FDL/Cloquet Athletic Agreement was approved by Cloquet. Don Weisen made a motion to accept the agreement with minor changes, Meredith Martin seconded the motion, motion carried.

**Technology Policy,** Don Weisen made a motion to table, Joyce Laporte seconded the motion, motion carried.

**Junior Varsity Football,** Recommendation from Athletic Program Manager to cut football due to lack of student interest and the new state requirements. Went into discussion.

**Gym Roof,** is a safety issue. Went into discussion. Will

have another formal assessment done.

**Incident Weather Days,** Principal Jennifer Johnson is working on this issue and looking at extending minutes in the morning of each day.

2014-2015 school calendar was reviewed by the board. Board member suggested some changes. Roberta Fox made a motion to accept the 2014-2015 School Calendar after the changes were made, Sam Ojibway seconded the motion, motion carried.

### Old Business:

**School Board Training,** Dawn Newman met with the school board on Apr. 22 in the board room for training.

**School Operating Budget,** Superintendent gave a report to the board. Went into discussion. Superintendent will keep the board updated.

**ACTS** (Association of Community Tribal Schools), Don Wiesen will send chairman information to get out to all board members about the meeting in Denver on Apr. 23 and 24.

Executive Session, will wait to meet. Need full board present.

## FDL School Board special meeting Apr. 22

The meeting was called to order by the Chairman Wayne Dupuis. Present at the meeting were Wayne Dupuis, Roberta Fox, Joyce LaPorte, Meredith Martin, and Jean Zacher. Absent from the meeting were Debra Johnson-Fuller, Jeremy Ojibway, and Don Wiesen. Others present included Dawn Newman.

Superintendent Michael Rabideaux gave an update on MN SBA's admission on whether we will become members.

Looking to amend the National LEA'S language.

School Board training, Dawn Newman gave her presentation to the board.

## Elder's Corner

- **June 2** Monthly Speaker, Elder exercise CCC 9 a.m.
  - **June 3** Elder Activity Fund Board mtg (special mtg) CCC backroom 1 p.m.
  - **June 4** Elder Concern Group mtg CCC 10 a.m.
  - **June 10** Elder Activity Fund Board Mtg CCC backroom 1 p.m.
  - **June 10** Foot Clinic Assisted Living 8:30 a.m.
  - **June 11** Elder Concern Group mtg CCC 10 a.m.
  - **June 12** Human Services Health Fair OJS 9 a.m.
  - **June 16** Last day to sign up for NICOA \$50.00 cash/monney order made out to: FDL Development
  - **June 18** Elder Concern Group mtg CCC 10 a.m.
  - **June 19-22** Language Immersion Camp, Kiwenz Camp-ground all day
  - **June 20** CAIR Foot Clinic CAIR 8:30 a.m.
  - **June 20** CAIR Elder mtg CAIR 10 a.m.
  - **June 25** Elder Concern Group mtg CCC 10 a.m.
  - **June 25** 52+ Elder Meeting CCC 5 p.m. potluck
- Any questions concerns please feel free to contact Debra Topping, Elder Advocate (218) 878-8053*

# Lacrosse also known as Baggataway and the Battle of Michilimackinac

Research by  
Christine Carlson

My sister Margaret Carlson is a referee for women's high school college lacrosse in Illinois. I have seen her referee a couple of times and it sure is a fast paced game.

Two different times I have seen the lacrosse players practice in the field by the Tribal Center. I have seen a couple of articles in this newspaper on lacrosse but wanted to know more about the history of the game.

My dad's sister and family lived in Alpena, Michigan so we had to cross the famous Mackinac Bridge to visit them. I was glad to have seen that historic area. I remember reading something about a lacrosse game, a fort and a battle at Mackinac. My older son, U. S. Army Lt. Colonel Jim Carlson, has been asking me to do a story of a battle for years. This story is for my son, my sister and those dedicated lacrosse players at the reservation.

## June of 1763 - The British Fort Michilimackinac controlled the area

Pontiac, a Catawaba prisoner was adopted by the Ottawas. He later became famous throughout Michigan and Ohio. At first he was with the French but then switched to be with the British and later reverted back to the French.

The Indians had come to Fort Michilimackinac each year to trade their winter

catch of furs. This British Fort overlooked the straits between Lake Michigan and Lake Huron. In the spring of 1763 Pontiac invited the Ojibways of Michigan to join him in a great conspiracy and they eagerly accepted. There came a large assembly of Ojibwas to the fort but the British did not suspect anything unusual. The garrison at the fort was happy to be celebrating the birthday of King George III.

On June 4th of 1763, the Ojibway planned a grand exhibition game of baggataway now known as lacrosse. The people of the British garrison were invited to watch the festivities. At first they were reluctant to come out of the fort but as the game progressed, some gradually came out to watch. The game was being played in front of the guarded fort. Even though it was summer, the Indian women sat along the sidelines wrapped in their blankets.

The game was very exciting! Everyone was cheering and enjoying the fast paced game. Gradually the players worked their way to the entrance of the fort. Their players had great control of the ball but this one time it was thrown high and inside the courtyard of the fort. The British soldiers smiled at the clumsiness of the Ojibway. Both the soldier and player ran to recover the ball. Here was the demise of the first soldier.

Getting inside the fort was the signal. The other players dropped their sticks and rushed to the women wrapped

in blankets. Beneath those blankets were tomahawks and weapons. The garrison was rushed and the Ojibway prevailed. What great strategy! The group was led by Minavana about age 50 and called *le Grand Sauteur* or the Great Ojibway by the French. The onslaught came with such swiftness as the friendly game turned into an intense battle. All of the soldiers were killed except a few Frenchmen. The Indians had won this fort from the hated British who were taking over their land.

## The Indian Game of Lacrosse – Rockford Journal of 9-15-1877

*The sport commended itself to the Indians by its simplicity of air and its wild rush and excitement. They found in it the divine fury of combat, and its trial of endurance and muscle gave it a zest and importance which no mere trial of skill, no quieter sport could command. The early travelers among the Indians say that the utter wildness and fury of play in the original game surpasses anything ever before or since recorded of any field sport.*

*From a rough pastime it has become a regular and even scientific game, though it yet retains many of the characteristics which brought it into so great a favor with the red men. The hook like stick used in tossing the ball reminded the French settlers of the pastoral crook, the Bishop's crozier, and so they called the sport *le jeu de la crosse*, the game of the crozier. By the English speak-*

*ing people this title has been shortened to Lacrosse the name which the sport now bears.*

## Evansville Courier and Press – May 6, 1894

*It was practically a combat, requiring union of undaunted strength, agility, and endurance. There was no limit to the number of participants, sometimes 600, 800 and even 1,000 players engaging in the play, while the field was equally changeable, averaging all the way from 500 yards to one-half mile in length, in accordance with the number of players. The goal, as has already been said, was a single pole or a convenient rock or tree.*

*At other times there were great matches of tribes against tribes, or villages against villages, and these very often were attended with quite an elaborate ceremony the night before the competition. Such matches consisted sometimes of even as many as one hundred games, and lasted several days.*

*The umpires were the oldest medicine men of the tribes, and their decision was absolutely final; there was never any disputing.*

*The original ball was deer skin stuffed with hair and sewed with sinews, or it was a knot round or a ball made from the cork of a pine tree.*

## April 1890 - Remarks on Ojibway Ball Play by W. J. Hoffman M.D.

*Some of the local Indian runners have adopted an*

*ingenious contrivance to aid in strengthening the muscles of the legs. While at their ordinary avocation, they wear about their ankles a thin bag of shot, to reach around the leg and admit to being tied over the instep. This is removed when occasion requires and they claim that they feel very "light footed." Two years ago one of the champion Ojibway runners walked twenty-three miles after dinner, and the next morning ran one hundred yards in ten and one quarter seconds, easily beating his professional opponents.*

## 1903 – First Game of Lacrosse in Duluth

On May 30, 1903 was the first game of lacrosse in Duluth. There were 700 fans in this game between Duluth and St. Paul at Oneota Park.

## Indians Will Revive Lacrosse in Duluth – Duluth News Tribune of 6-24-1909

*John B. Dougherty, Indian agent, has arranged for a game of lacrosse to be played at Athletic park in Duluth next Sunday between two teams of redskins, one of which is a regularly organized club of graduates of the Carlisle Indian school and the other a team selected a short time ago from experts in the game who have attended the school.*

*The Indians will appear in their picturesque regalia before the games and hold a characteristic pow-wow.*

# FDL Law Enforcement news

## The following is a summary of about one month of select police reports

- Apr. 1 Male lodged at jail for trespassing at the casino
- Apr. 2 Two people intoxicated at the Tribal Center. They were asked to leave the building
- Apr. 3 Request for a welfare check on individuals at a residence, everything was fine
- Apr. 4 Call of possible drug use in room, request to check welfare. Drug residue was located and individuals were asked to leave the casino
- Apr. 5 Report of a female screaming for help in the area of supportive housing. It was a domestic and male was arrested for domestic abuse
- Apr. 6 Call to the casino for possible drug use, both parties admitted to using marijuana and asked to leave property by security
- Apr. 7 Report of a disturbance at the Tribal Center; all parties asked to separate for the day
- Apr. 15 Call of a fight at the casino, two males fighting, one male arrested for disorderly conduct
- Apr. 16 Squads assisted ambulance with a possible overdose
- Apr. 17 Gas drive-off from the gas and grocery
- Apr. 18 Traffic stop at Hwy 210 and Schmitz Rd, driver warned for speeding
- Apr. 19 Report of a fight outside the gas and grocery, two males were separated
- Apr. 20 Officers located a car with three underage drinkers inside the car, drinkers were cited for underage consumption
- Apr. 21 Animal complaint on Scotty Dr
- Apr. 22 Traffic stop at Hwy 210 and Moorhead Rd, vehicle warned for speeding
- Apr. 23 Male walking down Hardwood Lake Rd with a gun, male was identified and he was advised
- Apr. 24 Report of a break in to a garage in Sawyer; under investigation
- Apr. 25 Report of someone receiving threatening text messages
- Apr. 26 Report of spray painting on a house in the compound
- Apr. 27 Report of a group of underage people drinking in the casino parking lot. Officers were unable to locate them
- Apr. 28 Report of recycling shed being broke into over the weekend; under investigation
- Apr. 29 Report of syringe located by counters at the gas and grocery; Officers picked up for disposal
- Apr. 30 Report of unwanted male at FDL Assisted Living; male was not located when officers arrived.

## Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

### BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur  
 BREWER, Devereaux  
 CICHY, Gerald  
 CICHY, Leslie  
 DEFOE, Richard  
 LAPRAIRIE-COLUMBUS, Elizabeth  
 LAPRAIRIE, Robert  
 LOUDEN, Irene  
 MARZINSKE, Larry  
 MAXWELL, Lorraine  
 OJIBWAY, Jeffrey  
 PEQUETTE, Richard  
 \*QUINN, Joseph  
 STAR, Ione

## FDLPD's Sobczak to receive Minn. DUI Enforcer All-star award in July

By Dan Huculak, WGZS Station Manager

be recognized at Target Field during a pregame ceremony before the Twins-White Sox series opener.



Officer Sobczak will also be presented with a DWI Enforcer All-Star commemorative bat that will be engraved with his name.

Sobczak is in his fifth year with the Fond du Lac Police. Before that, he served for the Red Lake Police Dept. and the Salt River Pima-Maricopa Indian Community Police in Scottsdale, Ariz.

Matt Sobczak, a Fond du Lac police officer, was nominated for the 2014 DWI Enforcer All-Star award. The Minn. Dept. of Public Safety honors law enforcement officers and county prosecutors from all over the state. This is the seventh year of the award.

On July 24, Officer Sobczak and his fellow All-Stars will

## Click it or Ticket campaign returns statewide

By Dan Huculak

Officer Sobczak stopped by the WGZS studios May 21 for an interview discussing the May "Click it or Ticket" campaign. The campaign is part of the Minn. Dept. of Transportation (MnDOT) "TZD" (Toward Zero Deaths) initiative.

According to MnDOT, in the three year period of 2010-2012, 852 vehicle occupants were killed in Minnesota. Only 47 percent were known to be belted.

The Memorial Day holiday weekend is the deadliest period for traffic accidents in Minnesota. Since 2009, at

least 31 deaths have occurred on Minn. roads during that period.

FDLPD is a cooperating agency with other local, county sheriff offices and the Minn. Highway Patrol to increase enforcement for distracted driving (texting, reading, etc); impaired driving, improper seat belt or improper child safety seat use.

"We don't want to write the ticket, Sobczak said. But the bottom line is we need to educate the public on it and the campaign says it right there; click it or ticket."

The "Click it or Ticket" drive began May 19 and ends June 1.



# Health News

## You should ask your healthcare provider about an IUD (intra-uterine device) If:

- You want the most effective birth control. An IUD is THE MOST EFFECTIVE of all reversible forms of birth control
- You want private birth control. Only you and your healthcare provider will be able to tell that you have an IUD in place
- You want easy to use birth control. Once the IUD is placed, there is nothing else you need to do to prevent a pregnancy for the next 5-10 years. There are no pills to take daily, no patches or rings to replace, and no monthly shots
- You want a safe birth control method. IUDs are safe and serious problems are very rare
- You want to have a child in the future, just not right now. Most women can have an IUD. Even women who have never been pregnant can use an IUD for their birth control. When you wish to become pregnant, the IUD can be removed very easily. The ability to become pregnant is immediate once the IUD is removed
- You want lighter, less painful periods. The Mirena IUD causes most women to have very light periods with minimal cramping or no period at all
- You cannot use estrogen for birth control or heavy periods. Breastfeeding women can use an IUD for birth control. Women who have medical

conditions that make estrogen dangerous to their health can use an IUD.

For more information call your clinic and schedule an appointment, MNAW Clinic (218) 879-1227 or CAIR Clinic (218) 270-1370.

## New immunization laws for schools, child care and early childhood programs begin September 2014

On Sept. 1, 2014 changes to Minnesota's Immunization Law will take effect. The changes were made to be more closely aligned with the current Advisory Committee on Immunization Practices (ACIP) recommendations. Medical and conscientious exemptions are still allowed under the current law.

### New Vaccine Requirements

The new vaccines that will require documentation of immunization or legal exemption include:

- Hepatitis B- For all children over 2 months old enrolled or enrolling in child care or an early childhood program
- Hepatitis A- For all children over 12 months old enrolled or enrolling in child care of early childcare program
- Tdap- For all students entering seventh grade. Students in 8th-12th grade must show documentation if the school requests it. This replaces the Td immunization requirement
- Meningitis (meningococcal)- For all students entering seventh grade. Students

entering 8th-12th grade must show documentation if the school requests it.

\*For more information on current immunizations laws, please visit the website: [www.health.state.mn.us/immunize](http://www.health.state.mn.us/immunize)

or call the immunization program at 1-800-657-3970

Please contact Min No Aya Win or the CAIR Clinic to schedule your head start

physical exams, sports physicals, child and teen Check-ups and Immunizations for the 2014/2015 school year. Don't delay, call today.

## Who Spilled the Beans?

By Kara Stoneburner, RDL, Public Health Dietitian

Lima, kidney, black, navy, garbanzo and pinto are just a few names of different types of beans. Beans and peas are the mature form of legumes. A diet rich with vegetables, fruits, whole grains and beans may reduce the risk of certain cancers, heart disease, type 2 diabetes and stroke. Eating beans can help people feel fuller, longer, thus helping with weight loss and weight maintenance as well.

Beans are low in fat and cholesterol free. They are high in fiber and folate. They contain protein iron and zinc. Beans are a natural source of antioxidants and phytochemicals. Dietary guidelines recommend adults eat 3 cups of beans a week.

Beans are affordable and convenient. Most beans are packaged either as dry beans in a bag or they are canned. Beans can be used as the main dish at meals or as a side dish. They can be added to soups and salads or rice

and pasta dishes. Chopped or mashed cooked beans can be used to replace some of the fat ingredient in brownies or cookies.

Dry beans are easy to cook with, but they take more time. Follow the directions on the bag or these simple steps below:

- Check, clean and rinse the beans with cold water several times.
- Put beans in a large pot and cover with water. The beans will soak up the water, so make sure you add plenty.
- If you plan to use the beans later in the day: Bring water to a boil and rapidly boil for 2 minutes. Turn off heat, cover and let beans soak in water for about 1 hour
- To use the beans for the next day: Soak the beans overnight in a pot of cold water
- When done soaking, drain the beans. Rinse and drain again
- Put beans in a large pot and cover with fresh water (see chart for amount of water needed).
- Bring to a boil then turn heat down to low. Cover and cook beans slowly.

- Monitor the beans as you may need to add more liquid during the cooking process. Beans are done once they are tender.

- The beans are now ready to be used or frozen to use later.

Water Amount/Cooking Times: (1 cup uncooked dry beans = about 3 cups cooked beans)

\*University of Connecticut Expanded Food and Nutrition Education Program

People often avoid beans because of the embarrassing gas they can cause. Here are some tips to help:

- Start small. Gradually increase the amount of beans in your diet over several weeks
- Don't use the soaking water
- Drain and rinse canned beans with cold water
- Cook the beans well
- Chew beans well. Chopping or mashing works too
- Eat beans with other foods such as whole grains
- Drink water to help handle the increase of fiber in your diet.

### 1 cup dry beans

Black, Kidney, Pink or Pinto beans  
Lima beans  
Navy or Pea  
Great Northern  
Black-eyed peas, cowpeas  
Lentils

### Amount of water

3 cups  
2 ½ cups  
3 cups  
2 ½ cups  
2 ½ cups  
2 ½ cups (do not soak)

### Cooking time

About 2 hours  
45 minutes – 1 hour  
1 ½ - 2 hours  
1 – 1 ½ hours  
½ hour  
½ hour

# Ashi-niswi giizisoog (Thirteen Moons)

## Ode-imini-giizis

*The new Ode-imini-giizis, Strawberry Moon, begins June 27. Other names for this moon are Gitige-giizis, Gardening Moon; Waawano-giizis, Egg Moon.*

## Ganawenim Gidakiiminaan (Take care of our earth)

By Shannon Judd,

*FDL RM Environmental Outreach Coordinator*

Ziigwan (spring) is here, and so is the time for spring cleaning. The clean-up crews are now out and about working hard to clean up all the litter and debris from the roadsides. If you see them, please say miigwech for helping protect the health of wildlife, lakes, rivers, plants and the community.

Ziigwebiniganan (trash), electronics, appliances, detibisegin (tires), and other materials along roadsides are a hazard to the awesiinhyag (wildlife) that inhabit the area, the groundwater that flows beneath the surface, and the creeks, lakes and rivers. Curious awesiinhyag (wildlife) can end up eating or getting stuck in garbage on the roadsides. There have been many sightings of aandegwag (crows) picking up MacDonald's wrappers from the ground and carrying them off. Detibisegin collect water and provide a breeding ground for zagimeg (mosquitoes).

Electronics often contain hazardous materials such as lead, cadmium, and mercury. Electronics are banned from landfills and cannot be thrown in the garbage. Properly recycling electronics keeps these hazardous materials out of the environment, out of the animals we eat and the water we drink. Recycling electronics also allows for metals to be recovered and reused, reducing the amount of material that needs to be mined out of the earth. Please remember to recycle these items!

Appliances, tires, household hazardous waste, electronics are all accepted for recycling at the Fond du Lac Waste Site on University Road.

Miigwech for doing your part to take care of our community.



*Broken computer towers sitting in standing water on Jarvi Road. Photo taken May 15, 2014. Photo courtesy of Bob Danielson, FDL Clean Up Crew Supervisor*

## Making compost to help save the planet

by Danielle Diver,  
*AmeriCorps Promise Fellow & Fond du Lac Master Gardener*

After we get our plants in the ground, a good thing to work on this month would be our compost piles. Compost is any waste organic matter that you don't eat or use in some other way. For example, it could be your vegetable peels, crop residue from last year's garden, weeds that haven't gone to seed yet, hair clippings, dryer lint, manure and bedding from vegetarian animals, leaves, grass, coffee grounds, egg shells, etc. These items can be turned into garden soil instead of being hauled off with trash. A 2012 EPA analysis of municipal solid waste in the United States found that compostable materials continue to be the largest component of our trash. This is unfortunate, because this waste could be used to improve our agricultural soils instead of taking up space in landfills.

There are different ways to contain compost and you can select the best one for your needs. One method is "vermicomposting," or composting indoors with red wiggler worms (*Eisenia fetida* or *Eisenia andrei*). This method requires a large plastic container with a spout or small holes

drilled into the lower sides or bottom, and a tray to catch the liquid gold "worm juice" that flows out. If you are interested in vermicomposting you can find much more information online. Ellen Sandbeck of Laverme's Worms in Duluth recently did a presentation on vermicomposting for Gitigaan, and she has a great website and offers free advice: [www.lavermesworms.com](http://www.lavermesworms.com). She also sells worms, worm bins, worm compost, worm juice, and books.

For those of you who want to compost but can't stand the thought of having worms in your house, an outdoor compost pile might be a better idea. Choose a spot that gets a lot of sun and is easily accessible from your kitchen, garden, or wherever the bulk of your organic waste material comes from. Compost piles can be contained in aerated, plastic, bottomless bins; tumblers; wooden enclosures; straw bale enclosures; or can stand alone. Start with bulky material like sticks at the bottom of the pile as you build it to promote aeration (the microbes that help break down compost and prevent it from smelling bad need air). Then add your organic waste. A compost pile that contains 25 times more brown (carbon-containing) wastes than green

(nitrogen-containing) wastes will heat up and decompose the fastest, but any ratio of compost will eventually decompose and become fertile garden soil. To increase the amount of brown materials in compost you can add sawdust, straw, or dry leaves on top of every deposit you make in the pile. Coffee grounds can help heat up compost. Fungi are also helpful in speeding up the decomposition process. Keep compost moist to help them flourish. There are differing opinions on whether or not to turn compost. Whether you turn it or not, the materials will break down eventually, but turning compost and adding materials in the ideal ratio will keep it hot and you will get a finished product sooner. If you are just looking to do your part for the planet and keep organic wastes out of landfills, piling them up outside instead of in the trash might be all the work you are willing to do. Once compost is finished, or maybe even before then, a gardener friend would probably be happy to haul it away for you. For more information you can visit [www.howtocompost.org](http://www.howtocompost.org), [www.eartheasy.com](http://www.eartheasy.com), or [www.organicgardening.com](http://www.organicgardening.com). There are also plenty of instructional videos on YouTube.

### Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing [thirteenmoons@fdlrez.com](mailto:thirteenmoons@fdlrez.com) Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

*This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.*



# Ashi-niswi giizisoog Ojibwemowin Page

## Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

### Double Vowel Chart

This is how to pronounce Ojibwe words.  
All consanants sound the same as in English.

- “Zh”- sounds like the “su” in measure
- “a”- sounds like the “u” in sun
- “aa”- sounds like the “a” in father
- “i”- sounds like the “i” in sit
- “ii”- sounds like the “ee” in feet
- “o”- sounds like the “o” in go
- “oo”- sounds like the “oo” in food
- “e”- sounds like the “ay” in stay

### Phrases

- Casino-Endazhi-ataading
- College(s)- Gabe-gikendaasoowigamig
- Day- Giizhigad
- Drink- Minikwe
- Eat- Wiisini
- Gas Station- Waasamoobimide-adaawewigamig
- Hospital- Aakoziwigamig
- Lake(s)- Zaaga'igan(an)
- Money- Zhooniya
- Night- Dibikad
- No- Gaawiin
- Outside- Agwajiing

- Restaurant- Wiisiniwigamig
- River(s)- Ziibi(wan)
- School- Gikinoo'amaadiwigamig
- Store- Adaawewigamig
- Stream(s)- Ziibiins(an)
- Sunset- Bangishimog
- Today (now)- Noongom
- Tonight- noongom dibikad
- Town(s)- Oodena(wan)
- Yes- Eya'

Source:

[www.ojibwe.org/home/pdf/ojibwe\\_beginner\\_dictionary.pdf](http://www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf)

S Q G N C E L P S N T G L H U C J B Y A  
 S V N O O F B S P S G I J N V L R G A K  
 U U Q F B L H L N G L F B Z U Q E V J U  
 O Q C X D X J V N I G E S I B I T E D D  
 J F Y D W N A N A G I N I B E W G I I Z  
 D F H L B I I N I C H I G E W I N I N I  
 N I M A G A A N I I W Q V S C A T B V K  
 F Q N I W O M A A N I N I I W T Z F K B  
 A W E S I I N H Y A G D N Z M I C V O B  
 Z K E E S Q V N I X O C Z J N E A H E W  
 N O O G A B I K S A A G F R G I E F U I  
 N I Q B J P L O I J A A N A W H S I N S  
 U E E Q R N O G Q N P D S P K W V B C O  
 E N A W G I I Z M O O S E K A A G H Z K  
 T P P U Y N I W O M A S A A W F G M A H  
 K R Q C F F I V S Y Z K O J G J L J N S  
 R R N L G C F F I L S J W K A Y P F H A  
 L X G K I U U O D F Y R X P E I V H O M  
 B Q Z T A W E N I B E W I J I G A A Z A  
 V T F D F D J P L D J A H P Y Y M N D U

## Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle

## Ojibwe Wordlist

- Detibisegin .....tires
- Ziigwan ..... spring
- Wiinaagamin .....water pollution
- Wiininaamowin ..... air pollution
- Ziigwebiniganan ..... trash
- Awesiinhyag .....wildlife
- Moosekaa ..... worms
- Mashkosiw ..... grass, hay, a blade of grass
- Gaaskibagoon .....dried leaves
- Nishwanaaji ..... waste, spoil, destroy
- Biinichigewinini ..... cleaner
- Waasamowin ..... electricity
- Zaagijiwebin ..... throw outside



# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on June 13, 2014 for the July 2014 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

## Happy Birthday

Happy birthday to my brother **Randy DeFoe** (May 11)  
*Love, your lil sister Sherry and the DeFoe family*

Happy birthday **Vickie (Northrup) Smith** (May 18)  
*Heart your family*

Happy 39th birthday **Michael Peacock Jr.** (June 1)  
*Love you always and forever, Richelle*

Happy 39th birthday dad, **Michael Peacock Jr.** (June 1)  
*Love, your children, Clayton, Kyle, Mikey, Marcus, Zoey, and Jordyn*

Happy birthday to **Mike Peacock** (June 1), we love you.  
*Love, Clay Sr., Aliza, and ClayJ.*

Happy 19th birthday to our wonderful son and brother **Michael Peacock III** (June 5), hope you have an awesome day.  
*Love you bunches, dad, mom, and your brothers and sisters*

Happy birthday to **Mikey Peacock** (June 5), we love you Mikey.  
*Love always, Clay Sr., Aliza, ClayJ*

Happy birthday to our treasured coworker **Benito Urrutia III** (June 6), we love you, Benny, and hope you have a great birthday.  
*Love, your Fond du Luth family*



Happy 9th birthday to **Cordell Paulson** (June 10)  
*Love, mom, dad, and Jalen*

Happy 22nd birthday to our wonderful son and brother **Clayton Kettelhut** (June 11), hope you have a safe and memorable day.  
*Love you bunches, mom, dad, and your brothers and sisters*

Happy Birthday **Clayton Kettelhut Sr.** (June 11), we are so proud of you. Keep chasing your dreams. We will be right beside you through it all.  
*We love you so much, Aliza and Clayton Jr.*



many things. We are so grateful. You are loved so much.  
*Love, Brennin, Jon, and Mikey*

Happy birthday to my beautiful daughter **Skye Northbird** (June 26)  
*Love, Gail DuFault "Mother Nator"*

Happy birthday to my wife **Marylou Josephson** (June 28). We are getting closer to the big day.  
*Love you lots, Bob J*

## Congratulations

Congratulations to Andrew and Kellie and Audriaanna Huculak on the birth of their new daughter **Kyndra Huculak**, born Apr. 4, 2014.

*From Aunt Jacque, Hannah, Blake and Erik Huculak*



**Four generations** - Dorothy Olson (great-grandmother), Dawn Dumes (Grandmother), Kari Dumes (Mother), and Karlie Rae Johnson (daughter).

## Thank you

**George Reynolds (Fritz)** would like to say thank you to family and friends who helped celebrate his 60th surprise birthday party (Apr. 19, 2014). I was really surprised. Dawn, my better half, I owe you one.

**Bella and Delia Forneris** would like to thank Phil Petite and Joe Reynolds for teaching them the necessary skills during swimming class. It was so much fun!

## Memorial



In loving memory of **Jamie Marie Clark** (Mar. 31, 1981 to June 1, 2012)

Jamie two years have gone by, we love and miss you

each and every day. Your always in our thoughts and on our minds. Forget you Jamie, NO we never will. We were so blessed on the day you joined our family. Jamie we love you today, tomorrow, always. Your like an angel although we don't see you, we know your with us. When we think and talk about you we get all teary eyed, Jamie you meant the world to us. There will always be that empty space in our hearts until one day, we will be family again. We love and miss you.

*Sadly missed by, Marge and Ken Clark*

## Obituary

**Sharon L. Fiolek**, age 65, of Erie, Pa., passed away Tues., Apr. 15, at St. Mary's Home Asbury Ridge, Pa., after an extended illness.

She was born in Erie, Feb. 17, 1949, daughter of Bernice Christiansen Fiolek and the late Leo Fiolek.

In addition to her mother, Sharon is survived by her children: Kimberly Fiolek of



# Community News

Erie, Pa., Lanaya Bogdanski and her husband Ben of Millcreek, Township, Pa., her two grandchildren Kyle and Kayla Bogdanski, a brother Gerald Fiolek of Erie, Pa., and several nieces and nephews.

Sharon was preceded in death by her brother Ronnie.

Visitation was held Apr. 17 at the Mark G. Razanauskas Funeral Home, 701 East Avenue, Erie, Pa. A funeral service was celebrated at the funeral home at 10 a.m. Apr. 18, with Rev. James McCormick officiating. Burial was held at Wintergreen Gorge Cemetery.

### For Sale

Cabin for sale on Big Lake, Lot #4, \$40,000. Call Rick (651) 788-5892.



**FOND DU LAC RESERVATION  
ANNUAL VETERANS' POWWOW**

**July 11-13, 2014**

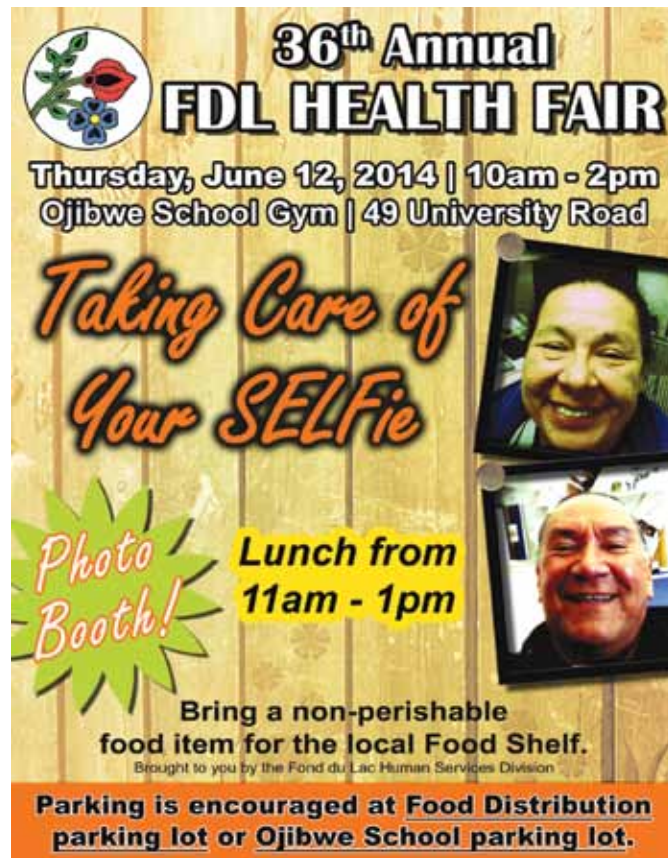
**Mash Ka Wisen Powwow Grounds**  
**Highway 210 & Mission Road—Sawyer, MN**



### 2014 Minnesota Youth Athletic Services Gopher Spring State Champions 4th Grade Girls

Leech Lake Lynx; Amira Laduke (Leech Lake Ojibwe), Mya Reyes (L.L Ojibwe), Kionna Johnson (L.L Ojibwe), Olivia Lussier (Red Lake Ojibwe/Dakota), Coach Kristen Brown (L.L Ojibwe), Justice Paro (Fond du Lac Ojibwe), Krissalynn Seelye (L.L Ojibwe), Taryn Frazier (L.L Ojibwe), Baylie Brown (L.L Ojibwe), Talayah Martineau (Fond du Lac Ojibwe).

Their Championship rings will be presented to them at a Minnesota Lynx game in June.



**36<sup>th</sup> Annual  
FDL HEALTH FAIR**

Thursday, June 12, 2014 | 10am - 2pm  
Ojibwe School Gym | 49 University Road

*Taking Care of  
Your SELFie*

Photo Booth! Lunch from 11am - 1pm

Bring a non-perishable food item for the local Food Shelf.  
Brought to you by the Fond du Lac Human Services Division

**Parking is encouraged at Food Distribution parking lot or Ojibwe School parking lot.**

ZIIGWAN "Spring" 2014 FDL

**Women's Wellness Gathering**

Monday, June 2, 2014 & Tuesday, June 3, 2014

Cloquet Forestry Center  
275 University Road | Cloquet, MN 55720

MONDAY, JUNE 2 TUESDAY, JUNE 3

focus us 

**Fond du Lac Band Members**

Please watch for more information to come on our change from the AccelaPay® to the new **Focus Card™** happening later this year.

If your address has changed please call Sharon at (218)878-7496 or Patti at (218)878-2674



# Ode-imini-giizis – Strawberry Moon – June 2014

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door; MTC: MN Chippewa Tribal building; ALR: Assisted Living Residence; CHS: Cloquet High School

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Water aerobics 10 a.m. CCC <b>1</b>	Babysitting class 10 a.m. CCC Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC <b>Pool closed 12:30 to 2:30 p.m. FDLOJS</b> T-Ball 4:45 p.m. (ages 4-5) CCC <b>Women Wellness Gathering CFC</b> <b>2</b>	Baby sitting class 10 a.m. CCC Get Fit 12 p.m. CCC WIC 12 p.m. CAIR AA/NA 12 p.m. TRC Elder Activity Fund Board mtg 1 p.m. CCC Ball practice 4:45 p.m. (ages 7-10) CCC Giitigan class & meal 5 p.m. CCC <b>Women Wellness Gathering CFC</b> <b>3</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern mtg 10 a.m. CCC Teen dodgeball 12 p.m. CCC Ball practice 4:45 p.m. (ages 11-13) CCC <b>4</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get Fit 12 p.m. CCC Ball practice 4:45 p.m. (ages 11-13) CCC <b>Pool closed 4:30 to 5:30 p.m. Cloq Comm Ed</b> <b>5</b>	Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Youth swim 1 p.m. CCC Ojibwe language table 5 p.m. CCC <b>Chmielewski International Polka Fest BBCR</b> <b>6</b>	Water aerobics 10 a.m. CCC Pink Shawl class 10 a.m. CCC <b>Chmielewski International Polka Fest BBCR</b> <b>7</b>
Water aerobics 10 a.m. CCC <b>Chmielewski International Polka Fest BBCR</b> <b>8</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball 4:45 p.m. (ages 4-5) CCC <b>9</b>	Foot Clinic 8:30 a.m. Assisted Living Get Fit 12 p.m. CCC WIC 12 p.m. CAIR AA/NA 12 p.m. TRC Caregiver Support group 12 p.m. CHS Elder Activity Fund Board mtg 1 p.m. CCC Ball practice 4:45 p.m. (ages 7-10) CCC <b>10</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder Concern group 10 a.m. CCC Teen dodgeball 12 p.m. CCC Ball practice 4:45 p.m. (ages 11-13) CCC <b>11</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC <b>Human Services Health Fair 9 a.m. FDLOJS</b> <b>36th Annual FDL Health Fair</b> Get Fit 12 p.m. CCC <b>Pool closed 4:30 to 5:30 p.m. Cloq Comm Ed</b> Ball practice 4:45 p.m. (ages 11-13) CCC Ojibwe language table 5 p.m. CCC <b>12</b>	Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Youth swim 1 p.m. CCC Ball practice 5 p.m. (adult) CCC <b>13</b>	Gym closed for 4 on 4 Basketball Tourney (ages 10 & under) 10:30 a.m. <b>14</b>
Water aerobics 10 a.m. CCC <b>15</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball practice 4:45 p.m. (ages 4-6) CCC Cribbage 5 p.m. CCC <b>16</b>	WIC 12 p.m. MNAW Get Fit 12 p.m. CCC AA/NA 12 p.m. TRC Second Time Around 1 p.m. CHS Ball practice 4:45 p.m. (ages 7-10) CCC <b>17</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Teen dodgeball 12 p.m. CCC Ball practice 4:45 p.m. (ages 11-13) CCC <b>18</b>	<b>Language Immersion Camp, Kiwenz Campground</b> Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get Fit 12 p.m. CCC <b>Pool closed 4:30 to 5:30 p.m. Cloq Comm Ed</b> Ball practice 4:45 p.m. (ages 11-13) CCC <b>RBC open meeting 5:30 p.m. CAIR</b> Ojibwe language table 5 p.m. CCC <b>19</b>	<b>Language Immersion Camp, Kiwenz Campground</b> Water aerobics 8:15 a.m. CCC Foot clinic 8:30 a.m. CAIR Elder mtg 10 a.m. CAIR Adult dodgeball 12 p.m. CCC Youth swim 1 p.m. CCC Ball practice 4:45 p.m. (adult) CCC <b>20</b>	<b>Language Immersion Camp, Kiwenz Campground</b> Water aerobics 10 a.m. CCC <b>21</b>
<b>Language Immersion Camp, Kiwenz Campground</b> Water aerobics 10 a.m. CCC FDL movie at Premier 9:30 a.m. CPT <b>22</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball practice 4:45 p.m. (ages 4-6) CCC Cribbage 5 p.m. CCC <b>23</b>	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW AA/NA 12 p.m. TRC Ball practice 4:45 p.m. (ages 7-10) CCC <b>24</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Teen dodgeball 12 p.m. CCC Ball practice 4:45 p.m. (ages 11-13) CCC 52+ Elder mtg potluck 5 p.m. CCC <b>Sobriety Feast 6 p.m. CCC</b> <b>25</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get Fit 12 p.m. CCC <b>Pool closed 4:30 to 5:30 p.m. Cloq Comm Ed</b> Ball practice 4:45 p.m. (ages 11-13) CCC Ojibwe language table 5 p.m. CCC <b>26</b>	<b>Enrollee Day Weekend</b> CCC areas closed No under 12 without parent <b>27</b>	<b>Enrollee Day Weekend</b> CCC areas closed <b>28</b>
All centers closed <b>29</b>	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Adult volleyball 12 p.m. CCC T-ball practice 4:45 p.m. (ages 4-6) CCC Cribbage 5 p.m. CCC <b>30</b>	<b>ENROLLEE DAY June 28th</b> - check page 7 for other activities and time changes		<b>36th Annual FDL Health Fair</b> June 12		

“Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.”